



Shoreditch Trust

WHAT'S ON 2026

If you or someone you know is interested in joining any of our groups, please complete a referral form here: [Shoreditch Trust Referral Form](#)

Across all our hubs and during every session, you can also get support from our Health & Wellbeing Coaches, Stop Smoking Advisors and Wellbeing Network Mental Health Coaches.

Shoreditch Trust works together with local organisations to guide people to activities and services, from a lighter touch to more intensive support.

If you are a resident seeking community activities or support, we can help point you in the right direction. We are also happy to spend some time talking through your needs and interests, helping you connect with suitable activities and organisations.

Find out more at: www.shoreditchtrust.org.uk
Or contact us: connect@shoreditchtrust.org.uk
020 7033 8500

WE CONNECT IN SHOREDITCH

TUESDAYS
LET'S CRAFT
Friendly, peer-led craft workshops open to everyone.
2 – 4pm
8 Orsman Road
N1 5QJ

WEDNESDAYS
COMMUNITY TABLE
Nourishing vegetarian meals that are free and open to all.
12 – 2pm
St Anne's Church
37 Hemsworth Street
N1 5LF

THURSDAYS
SINGING TOGETHER
Relaxed, peer-led singing group open to everyone.
2.30 – 4pm
4th Thursday every month
8 Orsman Road
N1 5QJ

COMING SOON
SHOREDITCH WALK & CONNECT
Gentle walking group in local parks, open to all.
The programme will run from Spring to Autumn. Details coming soon.

WOMEN & CHILDREN
TUESDAYS
ADVICE & ASSISTANCE
One-to-one support and advice to women who are pregnant or have children under 5 years old. And for City & Hackney Wellbeing Network clients.
10am – 12pm
St Peter's Church De Beauvoir
N1 5AT

WEDNESDAYS
BUMP BUDDIES
Coffee morning for pregnant women and mums and babies.
10am – 12pm
St Anne's Church
37 Hemsworth Street
N1 5LF

STROKE CONNECT
MONDAYS
STROKE CONNECT COMMUNICATION GROUP
For those with communication difficulties, building confidence by practicing communication strategies.
1.30 – 3pm
8 Orsman Road
N1 5QJ

TUESDAYS
STROKE CONNECT YOUNGER STROKE SURVIVORS
For stroke survivors of working age – to build up confidence in participating in community life.
11.30am – 1.30pm
8 Orsman Road
N1 5QJ

WEDNESDAYS
STROKE CONNECT HIGH CARE
For stroke survivors with care and support needs.
2 – 3.30pm
8 Orsman Road
N1 5QJ

THURSDAYS
STROKE CONNECT SELF-HELP GROUP
To promote independent living and healthy lifestyles.
1 – 2.30pm
8 Orsman Road
N1 5QJ



WE CONNECT IN THE CITY

FRIDAYS
A programme of creative and wellbeing activities for adults and young families resident in the City. All hosted every Friday in our community hub: The Aldgate Centre
Aldgate High Street
EC3N 1AB

BUMP BUDDIES
Coffee morning for pregnant women and mums and babies.
10 – 11.30am

LET'S CRAFT
Friendly, peer-led craft workshops open to everyone.
10.30am – 12pm

COMMUNITY TABLE
Nourishing vegetarian meals that are free and open to all.
12 – 2pm

ADVICE & ASSISTANCE
A drop in for one-to-one support and advice.
10am – 2pm

STROKE CONNECT
Drop-in for a chat and for support to recover from a stroke or prevent a stroke by managing blood pressure, cholesterol and other health conditions.
10.30am – 2pm

CHAIR-BASED MASSAGE TASTER
15 minute chair-based massage taster with Hoxton Health Group. A choice of head, shoulder, arm and hands.
10am – 1pm
Fortnightly

CITY WALK & CONNECT
Gentle walking group in local area, open to all.
The programme will run from Spring to Autumn. Details coming soon.