

Baby Buddies



Relaxation and connection for babies, mums and mums to be

A free, welcoming group for Hackney mums, babies and pregnant women.

Take time to take care of you both. Meet other mums, try relaxation, find out about useful services, and explore our baby play space.

Join us any week, or every week, no booking needed. Refreshments provided. We're looking forward to meeting you.

Shoreditch Trust

When?	Every Thursday 10.00 - 12.00 (from 19th September)
Where?	Shoreditch Trust Healthy Living Centre, 170 Pitfield Street, London, N1 6JP
How do I get there?	Train: Old Street, Hoxton. Buses: 394 (Pitfield Street stop) or 243, 242, 149, 76 (Hoxton Station stop, a short walk away)
Who?	Pregnant women, mums and babies in Hackney
Cost?	Free
Information:	020 7033 8524 or jane@shoreditchtrust.org.uk

Shoreditch Trust is a charity registered in England and Wales.
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