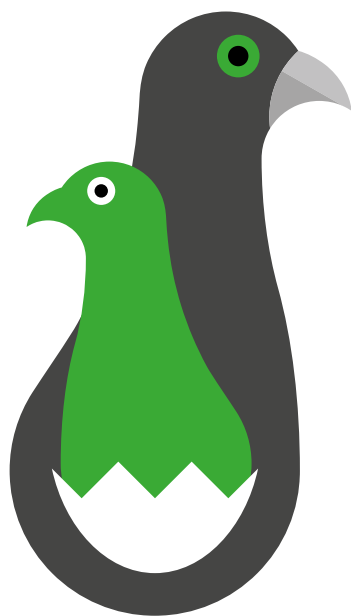




Shoreditch Trust

WHAT'S ON 2026

If you or someone you know is interested in joining any of our groups, please complete a referral form here:
[Shoreditch Trust Referral Form](#)

Across all our hubs and during every session, you can also get support from our Health & Wellbeing Coaches, Stop Smoking Advisors and Wellbeing Network Mental Health Coaches.

Shoreditch Trust works together with local organisations to guide people to activities and services, from a lighter touch to more intensive support.

If you are a resident seeking community activities or support, we can help point you in the right direction. We are also happy to spend some time talking through your needs and interests, helping you connect with suitable activities and organisations.

Find out more at:
www.shoreditchtrust.org.uk
Or contact us:
connect@shoreditchtrust.org.uk
020 7033 8500

WE CONNECT IN SHOREDITCH

TUESDAYS LET'S CRAFT

2 – 4pm
8 Orsman Road
N1 5QJ
Friendly, peer-led craft workshops open to everyone.

WEDNESDAYS COMMUNITY TABLE

12 – 2pm
St Anne's Church
37 Hemsworth Street
N1 5LF
Nourishing vegetarian meals that are free and open to all.

STOP SMOKING CLINIC

9am – 1pm
8 Orsman Road
N1 5QJ
Free 1-2-1 stop smoking support for City & Hackney Residents, with free quit-aids, friendly advisors, and 12 weeks of support.

THURSDAYS SINGING TOGETHER

2.30 – 3.30pm
4th Thursday every month
8 Orsman Road
N1 5QJ
Relaxed, peer-led singing group open to everyone.

WOMEN & CHILDREN

TUESDAYS

ADVICE & ASSISTANCE
10am – 12pm
St Peter's Church De Beauvoir
N1 5AT
One-to-one support and advice to women who are pregnant or have children under 5 years old. And for City & Hackney Wellbeing Network clients.

WEDNESDAYS BUMP BUDDIES COFFEE MORNING

10 – 11.45am
St Anne's Church
37 Hemsworth Street
N1 5LF
For pregnant women and mums and babies.

SHOREDITCH WALK & CONNECT

Get in touch for dates & times
Gentle walking group in the local area, open to all.

STROKE CONNECT

MONDAYS

STROKE CONNECT COMMUNICATION GROUP

For those with communication difficulties, building confidence by practicing communication strategies.

1.30 – 3pm
8 Orsman Road
N1 5QJ

TUESDAYS

STROKE CONNECT YOUNGER STROKE SURVIVORS

For stroke survivors of working age — to build up confidence in participating in community life.

11.30am – 1.30pm
8 Orsman Road
N1 5QJ

WEDNESDAYS

STROKE CONNECT HIGH CARE

For stroke survivors with care and support needs.

2 – 3.30pm
8 Orsman Road
N1 5QJ

THURSDAYS

STROKE CONNECT SELF-HELP GROUP

To promote independent living and healthy lifestyles.

1 – 2.30pm
8 Orsman Road
N1 5QJ



WE CONNECT IN THE CITY

FRIDAYS

A programme of creative and wellbeing activities for adults and young families resident in the City. All hosted every Friday in our community hub:

The Aldgate Centre
Aldgate High Street
EC3N 1AB

BUMP BUDDIES COFFEE MORNING

10 – 11.45am
For pregnant women and mums and babies.

LET'S CRAFT

10.30am – 12pm
Friendly, peer-led craft workshops open to everyone.

COMMUNITY TABLE

12 – 2pm
Nourishing vegetarian meals that are free and open to all.

ADVICE & ASSISTANCE

10am – 2pm
A drop in for one-to-one support and advice.

STROKE CONNECT

10.30am – 2pm
Drop-in for a chat and for support to recover from a stroke or prevent a stroke by managing blood pressure, cholesterol and other health conditions.

CHAIR-BASED MASSAGE TASTER

10am – 1pm Fortnightly
15 minute chair-based massage taster with Hoxton Health Group. A choice of head, shoulder, arm and hands.

CITY WALK & CONNECT

Get in touch for dates & times
Gentle walking group in the local area, open to all.

STOP SMOKING CLINIC

Free 1-2-1 stop smoking support for City & Hackney Residents, with free quit-aids, friendly advisors, and 12 weeks of support.
1pm – 5pm