



Shoreditch Trust

WHAT'S ON 2025

If you or someone you know is interested in joining any of our groups please complete a referral form here:

[Shoreditch Trust Referral Form](#)

For our other services such as Young Chefs, Health & Wellbeing Coaching and Flavours of Home please get in touch for times and eligibility.

connect@shoreditchtrust.org.uk

020 7033 8500

www.shoreditchtrust.org.uk

STROKE PROJECT

For *stroke survivors* living in Hackney and the City.

MONDAYS COMMUNICATION GROUP

1.30–3pm
8 Orsman Road
N1 5QJ

TUESDAYS YOUNGER STROKE SURVIVORS

11.30am–1.30pm
8 Orsman Road
N1 5QJ

WEDNESDAYS HIGH CARE GROUP

2–3.30pm
8 Orsman Road
N1 5QJ

THURSDAYS SELF HELP GROUP

1–2.30pm
8 Orsman Road
N1 5QJ

WE CONNECT HACKNEY

The *Sharp End* groups for Hackney and the City residents over 55.
Walking Groups for all Hackney and the City residents.

TUESDAYS THE SHARP END KNIT & CROCHET

1.30–3.30pm
8 Orsman Road
N1 5QJ

THURSDAYS SHOREDITCH PARK WALK

1–2pm
Meet at Britannia Leisure Centre
Pitfield Street
N1 5FT

THURSDAYS THE SHARP END SINGING TOGETHER

2.30–4pm
Every 4th Thursday of the month
8 Orsman Road
N1 5QJ

WOMEN & CHILDREN

For *pregnant women and mums and babies* registered with a Hackney GP.

WEDNESDAYS BUMP BUDDIES

coffee morning
10–11.45am
St Anne's Church
37 Hemsworth Street
N1 5LF

THURSDAYS ADVICE & ASSISTANCE

10–11.30am
8 Orsman Road
N1 5QJ

COMMUNITY TABLE

Community Settings lunch, open to all.
Flavours of Home for asylum seekers housed in local hotels.

WEDNESDAYS COMMUNITY SETTINGS FREE LUNCH CLUB

12–2.30pm
St Anne's Church
37 Hemsworth Street
N1 5LF

WE CONNECT IN THE CITY

A programme of creative and wellbeing activities for *adults and young families* resident in the City.

FRIDAYS BUMP BUDDIES

coffee morning
10–11.45am
The Aldgate Centre
Aldgate High Street
EC3N 1AB

FRIDAYS COMMUNITY SETTINGS FREE LUNCH CLUB

12–2.30pm
The Aldgate Centre
Aldgate High Street
EC3N 1AB

